

Schjolberg Conseil

THE GOOD LIFE, THE SLOW LIFE OF MÉXICO (México City, Federal District; Yucatán; Campeche; Riviera Maya, Quintana Roo)

SOUL IS ENDLESS
THEREFORE
LIFE HAS NO END
SO THE GOOD SOULS
WILL REST
UNDER THE SHADOW
OF THE SACRED TREE
"YAXCHE"
WHERE FOOD AND PEACE REIGN*

México nurtures comfortable lifestyles and a happy state of mind. Here you can enjoy a slow pace, re-learn how to cherish the possessions of the heart and discover once again that a slow life is about sharing: With those you already love and care for, and with those that you encounter. México as a destination infuses pleasure and quality into people's lives.

DAY ONE: México, arrival and transfer

Arrival to México City. Transfer from the Benito Juárez International Airport to hotel. Rest of the day at leisure.

Overnight in México City**:

5 - Deluxe: Condesa DF (optional Hammam, Thermal bath and Energy Room) or W Hotel (optional Massage, Sauna and Hammam.) 4 – Luxurious All Suite Boutique Hotel Casa Vieja



DAY TWO: México City

Long breakfast at the hotel. Afterwards, we head towards the southern part of México City, and arrive at the hanging gardens and the tranquil waters of the Xochimilco Canals, the last traces of the Aztec era, where we will be enjoying a calm trip in a traditional punt or pre-Hispanic boat. Lunch. End of the day's program. Enjoy the evening and afternoon hours, a great opportunity to savor some of México City's exciting and cosmopolitan offers.

Overnight in México City**:

5 - Deluxe: Condesa DF (optional Hammam, Thermal bath and Energy Room) or W Hotel (optional Massage, Sauna and Hammam.) 4 – Luxurious All Suite Boutique Hotel Casa Vieja

DAY THREE: México City – Mérida, Yucatán

Breakfast at the hotel and transfer to Benito Juárez International Airport. Departure for Mérida, capital of the State of Yucatán. Leisurely sightseeing of colonial Mérida, "the White City," including promenades together with our guide. Lunch. Check-in at the Presidente Intercontinental Villa Mercedes, with the highest of standards and the best of services. Rest of afternoon and evening at leisure, to be filled with shopping and exploring, or nothing at all.

Overnight in Mérida, Yucatán**:

5: Hotel Presidente Intercontinental Villa Mercedes



DAY FOUR: Mérida, Yucatán

Breakfast at the hotel. Mérida on your own. Enjoy five centuries of colonial charm. Mérida was founded in 1542 by the Spanish Conquistador Francisco Montejo el Meso. The city has one of México's most varied cuisines.

Overnight in Mérida, Yucatán**:

5: Hotel Presidente Intercontinental Villa Mercedes



DAY FIVE: Mérida - Celestún, Yucatán

Breakfast at the hotel. Trip to and through Mayan villages until we arrive in the Natural Reserve of Celestún (100 km,) home to pink flamingoes, crocodiles, mangroves, coastal jungle – with boat trip**** through magnificent nature. Seafood lunch at La Palapa, a restaurant right on the beach. Afterwards, we head for and check in at the pristine Eco Paraíso Xixim Hotel, itself situated by a beach of protected beauty. Relax and explore the facilities and the surroundings of this jewelry box of an ecological resort. Dinner at the hotel.

Overnight in Celestún, Yucatán**:

4: Eco Paraíso Xixim Hotel



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DAY SIX: Mérida, Yucatán - Champotón, Campeche

Breakfast at the hotel. Our first destination is the archeological zone of Uxmal, with its Pyramid of the Magician or Dwarf, the Nunnery Quadrangle and the Temple of the Turtles. Lunch at the Uxmal Lodge. We traverse into the State of Campeche, and reach the state capital by the same name. Here, we explore the walled city of colonial splendor and beauty on a guided walking tour. Campeche hardly has its like on the coasts of Mexico, and the city figures on UNESCO's Cultural Heritage List of Humanity. Parts of its history were colored by heroic and dramatic resistance to pirates. Check in at the gorgeous Hotel Tucán Siho-Playa, an architectural pearl, where dinner will be served. Total distance covered on this day: 365 km.

Overnight in Champotón, Campeche**:

4 – Hotel Tucán Siho-Playa

DAY SEVEN: Champotón, Campeche

Breakfast and lunch at the hotel. Enjoy the facilities, the ocean view, and the family beach. A trip to the nearby fishing town of Champotón is a delightful option. Dinner at the local Cenaduría Portales Restaurant in Campeche, you can't get closer than this to a Campechano mother's home cooking.

Overnight in Champotón, Campeche**:

4 – Hotel Tucán Siho-Playa



DAY EIGHT: Champotón – Calakmul, Campeche - Akumal, Riviera Maya

Breakfast at the hotel. Visit to Calakmul, one of the most important archeological sites (and one of the largest cities known) in the Mayan Empire. Lunch at the Hotel Eco Village Chicanná. Evening check in at the Villas Akumal, with the architectural beauty of oceanfront condominiums, facing its own beach with turtle egg laying and hatching grounds. Peace and tranquility rules. Dinner at the restaurant La Casa del Pescador nearby, transfer by car. Total distance covered on this day: 495 km.

Overnight in Akumal, Riviera Maya**:

4: The Villas Akumal

DAY NINE: Akumal – Tulum – Cobá, Riviera Maya

Breakfast at the Villas. We visit the Tulum archeological site in the morning, when the sun bakes the least. A dip in the Sea of the Antilles beneath the world known Tulum structure of "El Palacio", the Palace, is recommended. Lunch en-route to the archeological site of Cobá. Afterwards, we return to the Villas Akumal in order to prepare for an evening*** with the indigenous Maya in the Dos Palmas Community. We will take part in meaningful and genuine Mayan rituals, use the Temazcal (Maya hammam or sweat hut), swim in a cenote (holy underground water hole or river) and conclude with a dinner in the community.

Overnight in Akumal, Riviera Maya**:

4: The Villas Akumal



DAY TEN: Akumal – Muyil - Playa del Carmen, Riviera Maya

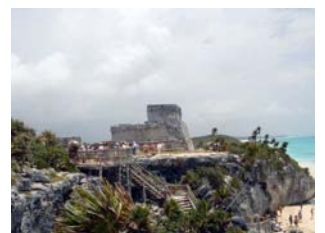
Breakfast at the Villas. Time to relax before we head for the Biosphere of Sian Ka'an ("where the sun is born") and the Muyil archeological site, jungle path and lagoon**** (archeological and ecological excursion.) This is an adventure of the highest degree of integrity, with fantastic elements of nature and history,) nicely run by the cooperative Uyo'Ochel Maya. The rest of the day's program takes us to Playa del Carmen (63 km,) late lunch and dinner on your own (the Yaxche Maya Cuisine and the Oasis Mariscos restaurants are two of many excellent options.) Chic Playa del Carmen in Riviera Maya is perfect for shopping, promenading and people watching.

Overnight in Akumal, Riviera Maya**:

4: The Villas Akumal

DAY ELEVEN: Akumal, Riviera Maya – Cancún, Quintana Roo - Home

Breakfast at the Villas, or breakfast box. Transfer to Cancún International Airport for return home via México City or optional add-ons "BOMBONES," an extension for your vacations en México.



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- * *Poem in the menu of the Yaxche Maya Cuisine Restaurant, Playa del Carmen, Riviera Maya, México. A highly recommended place to dine*
- ** *Hotel ratings are based on national norm*
- *** *Children 12 years or older may participate*
- **** *Boats may be shared with other visitors*

PRICES INCLUDE:

- Two (2) nights in México City, at the selected hotel: Condesa DF, W Hotel or Boutique Hotel Casa Vieja
- Two (2) nights in Mérida, Yucatán, at the Hotel Presidente Intercontinental Villa Mercedes
- One (1) night in Celestún, Yucatán, at the Hotel Eco Paraíso Xixim
- Two (2) nights in Champotón, Campeche, at the Hotel Tucán Siho-Playa
- Three (3) nights in Akumal, Riviera Maya, at the Villas Akumal
- Ten (10) American breakfasts (continental breakfast with eggs prepared to your liking.) Although on day ten, the alternative may be a breakfast box
- Six (6) lunches:
 - Day two in Xochimilco in México City
 - Day three at the restaurant Albertos Continental in Mérida
 - Day five at the restaurant la Palapa in Celestún
 - Day six at the Lodge Uxmal
 - Day eight at the Hotel Eco Village Chicanná
 - Day nine in Cobá
- Five (5) dinners:
 - Day five at the Hotel Eco Paraíso Xixim
 - Day six at the Hotel Tucán Siho-Playa
 - Day seven at the Cenaduría Portales in Campeche
 - Day eight at the restaurant La Casa del Pescador in Akumal
 - Day nine at the Dos Palmas Community in the Riviera Maya
- Transfer airport – hotel in Mérida
- Transfer hotel – airport in Cancún, Quintana Roo
- Transfer airport – hotel - airport in México City
- Baggage carriers at the airports
- Ground transportation in an air conditioned sedan / van driven by a qualified and licensed chauffer-bilingual guide (English / Spanish,) departing from Mérida in Yucatán to the different destinations and sites mentioned in the program and arriving to Akumal in the Riviera Maya. Includes, petrol/gas, highway fees, parking fees and expenses of the chauffer-guide.
- Traveler's insurance during the ground trip
- Entrance fees to mentioned sites: Museum in Mérida, archeological zone of Uxmal, San Miguel Fort, archeological zone of Calakmul, archeological zone of Tulum, archeological zone of Cobá, Maya experience at the Dos Palmas Community, excursion to the biosphere of Sian Ka'an and the archeological zone of Muyil
- Boat Trip in Xochimilco
- Boat Trip in the Celestún Ría
- Boat Trip in the Biosphere of Sian Ka'an
- Local taxes

PRICES DO NOT INCLUDE:

- Air transportation to and from México, and air transportation from the airport of Cancún to México City and national or international connections
- Lunch, dinners, beverages and any personal expenses. Excluding lunch and dinners mentioned on the program
- Entrance fees to museums y/o tourist attractions do not stipulated on the program
- Tips

**For prices, reservations, availability and bookings, please contact us at:
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