

# Schjolberg Conseil

## THE JOURNEY OF LESS LUGGAGE EL SANTUARIO RESORT AND SPA, STATE OF MEXICO

*Everything there is simply order and beauty, luxury, peace and sensual indulgence.*

Charles Baudelaire (1821 – 1867)

Travel can be a journey within your self, a discovery of new facets of the mind and spirit. When closeness to nature and natural beauty are the core remedies and ingredients in a stay, you have made a journey of less luggage, mental luggage.

As a unique sanctuary of its kind, El Santuario Resort and Spa, Valle de Bravo, in the State of Mexico, sits on top of a quartz mountain, overlooking a glimmering lake, in a setting where nature paints the canvas. You will come to realize, that the world is still this beautiful.



After an early gourmet breakfast in Mexico City, a car with driver/guide is waiting to take you to Valle de Bravo; Switzerland transported to Mexico, or was it the other way around. Maybe the biggest surprise when leaving this world metropolis is being immediately met by a nature of spellbinding beauty encompassing Mexico City.

Toluca (Toluca de Lerdo,) capital of the State of Mexico, is our stop on the short drive to El Santuario Resort and Spa. In Toluca, history stands tall like a wall, bearing testimony to rule of Aztecs, conquering by the Spaniards, evangelization, Colonial life, to name a few fundamental periods. The city is second only to Mexico City in number of museums. Toluca is also the city in Mexico at the highest elevation, 2680 meters above sea level. It is called La Bella (The Beautiful One) due to the French neoclassical architecture.

Our guided stop (three hours) focuses on life seeing and sightseeing, with few, but in-depth and select visits: The Cosmovital Botanical Garden (one of the most important of its kind in the world,) the Zócalo, or Plaza de los Mártires, the colonial-era churches El Templo de la Santa Veracruz and La Iglesia del Carmen, and one of the most ancient ex-convents still preserved, La Iglesia de la Merced (the religious order of Los Mercedarios.)



The last leg of the journey continues through the State's varied landscapes; pine forests, fertile and green valleys; passing lakes, rivers and mountains. Valle de Bravo (previously also known as Temascaltepec, "Steam Shower Mountain") unfolds and it is here, on the shores of Lake Avándaro that the unique El Santuario Resort and Spa sits as an integrated part of flora and topography, on top of healing quartz. Sixty four luxury suites and installations, including a spa in the sky rise grandly in front of you.

At this oasis for body and soul where spirituality reigns, to be taken into the bosom of nature, with luxury, comfort and pampering, is the key concept. Your stay of four days and three nights, will give the word "sophistication" a whole new meaning.

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## Services provided:

- Round trip Mexico City – El Santuario Resort and Spa, Valle de Bravo. Transportation in private car with driver/guide
- Guiding in Toluca, and eventual entrance fees
- Four days and three nights at the resort, accommodation in deluxe suite with plunge pool
- Three breakfasts at the Resort

## Recommended number of participants:

One to four persons. Rates per person based on sharing a deluxe suite for two. Additional charge for single supplement.

## Services and activities available at the El Santuario Resort and Spa, if not complimentary, at own cost:

- Aquatic sports
- Bar
- Beauty parlor
- Boat transportation
- Dining
- Excursions
- Full SPA
- Games room
- Gift shop
- Golf and horse back riding
- Jacuzzi
- Meeting and conference services
- Pools
- Relaxation areas
- Road based transportation
- Room service
- Sauna and steam room
- Social event services
- Well-being
- WI-FI Internet
- Workshops on meditation

## Services and activities available in the vicinity and in Valle de Bravo at own eventual cost:

- Aquatic sports
- Art galleries
- Biking
- Butterfly colony
- Carmelite cloister
- Dining
- Extreme sports
- Hiking and nature walks
- Parachuting
- Paragliding
- Rock climbing
- Sailing on the lake
- Shopping
- Trekking

## Tailor made programs:

This itinerary can be tailor made, being it mode of transportation, meals, geographical start and finish (pick up and drop off points,) extended stay at El Santuario Resort and Spa. Aerial services by helicopter can be provided against a fee.

## Distances:

145 km (95 miles) south west of Mexico City. Between one and a half to two hours travel time (excluding stop in Toluca)

**For prices, reservations, availability and bookings, please contact us at: [visit@luxuriosmexico.com](mailto:visit@luxuriosmexico.com)**

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